



UNITED KINGDOM ALL STYLES KARATE ORGANISATION

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NEWSLETTER MARCH/ APRIL 2018

Dear Colleague

I think one of the most difficult decisions I have to make, when compiling this newsletter, is deciding on the content. I didn't want to re-produce any text/images that had previously appeared on our Facebook page. But then having realised at times that the page is full of pubs, bars and food, I thought it would look refreshing to see at least a minimal content of Martial Arts published in our newsletters.

Within this current one, there are photos of Saddam Hussain's private collection of guns for all you enthusiast out there, nicked at the end of the Gulf War. Obviously the usual humour is included, which makes me giggle as I'm typing, at least the ones I don't print do! And of course there will always be information on the current UK Governing Bodies. Also there is a piece on cancer which I have read and is very informative. I remember a comment from my very knowledgeable doctor, where he stated that cancerous cells can take up to eight years before they can be detected with a microscope. Not much chance of early detection then??

I do try and steer away from the usual conspiracy theorist, but there are some that beg belief and can't be ignored. My Father had a keen interest in space exploration having numerous books/videos on the subject, so it was only natural for me to follow suit. My most recent experience was being caught up in the hype regarding the Cassini probe which was sent to Saturn to study the planets outer rings and then to be destroyed in spectacular fashion as it hurtled through the planet's atmosphere. There I was glued to the TV watching this probe with its mind boggling speed, expecting it to disintegrate before my very eyes, when suddenly, the powers that be, switched to a computer screen similar to a heart monitor showing the probe as a green line which slowly disappeared, making it a less than spectacular event. Even the photos of the rings looked like computer graphics.

NASA admits we never went to the moon - <https://www.youtube.com/watch?v=DpPMoIv1lxI>

Unlike all of the other proof over the years about the moon landing hoax, this video will examine how NASA themselves have inadvertently admitted that we never went to the moon nor are we still able to go to this day. I've watched this video clip many times obviously disbelieving some of the quotes, one of which a Nasa spokesperson states that, "we did to have the technology but it got lost" or words similar to that effect. I couldn't believe it at first, but then I realised that, if all these accusations were false, then surely NASA would be suing these individuals for millions of dollars. But to my knowledge nothing has been published. Maybe they are afraid of the public reaction, and of course the impact it would have on this multi-billion dollar industry. It makes me feel sad to think of what other aspects of space exploration has NASA been less than honest about.

GLOBAL RECESSIONS It seems that any global recessions have not impacted negatively on everyone. Check this out.....It's a Mercedes Benz owned by an Abu Dhabi oil billionaire.....That is NOT stainless steel people, It's WHITE GOLD!!



BLAST FROM THE PASTManchester Sei-Do-Kan Team - All Britain Team Champions 1966

Sheffield Sei-Do-Kan Team - All Britain Team Champions 1968



Sheffield Sei-Do-Kan Karate Team. Winners of All-Britain Team Championship 1968
Left to Right, M. Phelan, A. Woodhouse Midlands Senior Kata Champion, P. Consterdine Northern Senior Kumite Champion, R. Stanhope (2nd Dan) Team Captain and Instructor, S. Knighton Midland Senior Kumite Champion, R. Roberts Northern Junior Kumite Champion D. Moss.

JOKES.....At the National Art Gallery in Dublin, a husband and wife were staring at a portrait that had them completely confused. The painting depicted three black men totally naked sitting on a park bench. Two of the figures had black penises, but the one in the middle had a pink one. The curator of the gallery realized that they were having trouble interpreting the painting and offered his assessment. He went on for over half an hour explaining how it depicted the sexual emasculation of black men in a predominately white, patriarchal society. 'In fact,' he pointed out, 'some serious critics believe that the pink penis also reflects the cultural and sociological oppression experienced by gay men in contemporary society. After the curator left, an Irishman, approached the couple and said, 'Would you like to know what the painting is really about?' 'Now why would you claim to be more of an expert than the curator of the gallery?' 'Because I'm the guy who painted it,' he replied. 'In fact, there are no black men depicted at all! They're just three Irish coal miners; the guy in the middle went home for lunch.

MORE JOKES..... My budgie broke his leg today so I made him a little splint out of a couple of Swan Vesta's Matches, his little face lit up when he tried to walk. Unfortunately, I forgot to remove the sandpaper from the bottom of his cage.

Yoko Ono has been signed up for the next series of 'I'm a celebrity, get me out of here!' Show bosses think she will do really well since she's been living off a dead Beetle for the last thirty years.

My daughter asked me for a pet spider for her birthday, so I went to our local pet shop and they were £70!!! Blow this, I thought, I can get one cheaper off the web.

A bride on her wedding night says to her husband 'I must confess darling, I was a hooker!' He says 'that's alright, dear. Your past is your past, but I must admit that I find it quite erotic. Tell me about it'. She replies 'well, my name was Nigel, and I played for Wigan!'

A man says to his wife 'tell me something that will make me happy and sad at the same time'. His wife replies 'You've got a bigger nob than your brother'

I went to the cemetery yesterday to lay some flowers on a grave. As I was standing there I noticed 4 grave diggers walking about with a coffin, 3 hours later and they're still walking about with it. I thought to myself, they've lost the plot!!

If you get an E mail telling you that you can catch Swine Flu from tins of ham then delete it. It's Spam.

I was driving this morning when I saw an RAC van parked up. The driver was sobbing uncontrollably and looked very miserable. I thought to myself 'that guy's heading for a breakdown'.

SADDAM HUSSAIN'S PRIVATE COLLECTION OF GUNS



The gold is solid gold alloy, the silver is solid silver, the value is priceless



EKF KYU GRADE CHAMPIONSHIPS 2018 RESULTS

	GOLD	SILVER	BRONZE
1. Veras Academy	14	5	6
2. Khalsa Karate Association	10	5	2
3. Bushido Ryu Association	6	4	3
4. WIKF England	5	3	5
5. Shindo-Kai Karate Association	4	6	4
6. Kaisho Karate	4	1	2
7. Western Karate Union	4	1	0
8. EKKA Karate Team	3	0	6
9. Uechi-Ryu	3	0	3
10. Yanagi Kai	2	6	6

How things have changed over the years, I only recognise one club from my distant past.

ANOTHER BLAST FROM THE PAST

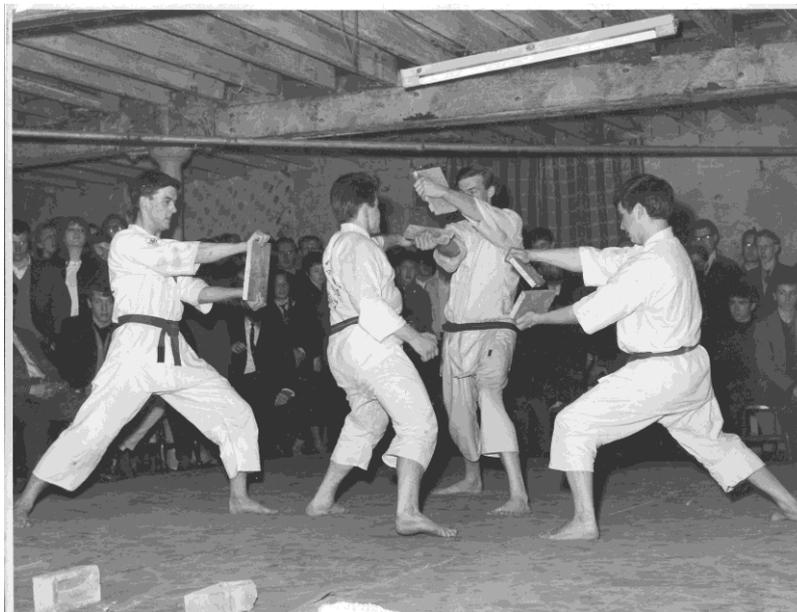


Image of my first club which I joined in the month of July back in 1962. Karateka from L/R – Danny Connor, Ken the Hit Man (he was called the hit man because he hurt), Martin Stott, And Yours Truly.



Pictured is Phil Mead with one of his unfortunate students at a demo in Nottingham

I remember this breaking technique well, because when he was performing this demo in one of my clubs in Stockport I was given the task of choosing a brick, which I picked up from a building site on the way to the Dojo. The photo itself needs little explanation, except to say that he breaks the brick with the palm of his hand without even the slightest injury to the other person. I've seen him on other occasions using certain techniques which were truly outstanding. One in particular you wouldn't believe, so I'm not even going to attempt an explanation.

Phil was explaining the fact that this type of training is so intense and involves that much concentration, that it can't be maintained for long periods and generally deteriorates with age.

HEALTH IS WEALTH.....Google 'cancer' and you'll be faced with millions of web pages. And the number of YouTube videos you find if you look up 'cancer cure' is similarly vast.

The problem is that much of the information out there is at best inaccurate, or at worst dangerously misleading. There are plenty of evidence-based, easy to understand pages about cancer, but there are just as many, if not more, pages spreading myths. And it can be hard to distinguish fact from fiction, as much of the inaccurate information looks and sounds perfectly plausible. But if you scratch the surface and look at the evidence, many continually perpetuated 'truths' become unstuck.

[Myth 1: Cancer is a man-made, modern disease](#)

FOR LEXOPHILES (LOVERS OF WORDS)

1. A bicycle can't stand alone; it is two tired.
2. A will is a dead giveaway.
3. Time flies like an arrow; fruit flies like a banana.
4. A backward poet writes inverse.
5. In a democracy it's your vote that counts; in feudalism, it's your Count that votes.
6. If you don't pay your exorcist you can get repossessed.
7. With her marriage she got a new name and a dress.
8. Show me a piano falling down a mine shaft and I'll show you A-flat miner.
9. The guy who fell onto an upholstery machine was fully recovered.
10. A grenade that fell onto a kitchen floor in France resulted in Linoleum Blownapart.

TECHNOLOGY

YOU TYPE...HE/SHE SPEAKS...technology has far surpassed me!!! This is amazing. Try it and see!! Turn up the volume. He/she will say anything you type. I wish I knew how they do this! When you move the mouse around, her eyes follow the pointer. When you write something in the left space and then click on 'Say it,' she says it! As you can imagine, Its great fun, especially when you use the occasional sentence. You can also change the persons doing the talking and the language they speak. Technology! Wow !! [CLICK HERE](#)

INTERESTING HISTORY..... Well, I never knew that !!!!

- a/ In the 1400's a law was set forth that a man was not allowed to beat his wife with a stick thicker than his thumb. Hence we have 'the rule of thumb '.
- b/ Many years ago in Scotland , a new game was invented. It was ruled 'Gentlemen Only...Ladies Forbidden'...and thus the word GOLF entered into the English language
- c/ The first couple to be shown in bed together on prime time TV was Fred and Wilma Flintstone
- d/ Every day more money is printed for Monopoly than the US Treasury.
- e/ Coca-Cola was originally green .
- f/ It is impossible to lick your elbow.
- g/ The average number of people airborne over the US in any given hour is 61,000
- h/ If a statue in the park of a person on a horse has both front legs in the air, the person died in battle. If the horse has one front leg in the air the person died as a result of wounds received in battle. If the horse has all four legs on the ground, the person died of natural causes.
- i/ In Shakespeare 's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase..... 'goodnight, sleep tight.'
- j/ It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as the honeymoon.
- k/ In English pubs, ale is ordered by pints and quarts... So in old England , when customers got unruly, the bartender would yell at them 'Mind your pints and quarts, and settle down.' It's where we get the phrase 'mind your P's and Q's'

l/ Many years ago in England , pub frequenters had a whistle baked into the rim, or handle, of their ceramic cups. When they needed a refill, they used the whistle to get some service. 'Wet your whistle' is the phrase inspired by this practice.

j/ The first novel ever written on a typewriter was Tom Sawyer

k/ Each king in a deck of playing cards represents a great king in history: Spades - King David. Hearts - Charlemagne. Clubs - Alexander the Great. Diamonds - Julius Caesar.

l/ If you were to spell out numbers, how far would you have to go until you would find the letter 'A'? One thousand

m/ One hundred and eleven million, One hundred and eleven thousand, One hundred and eleven 111,111,111 x 111,111,111 = 12,345,678,987,654,321.



EKF REGIONAL COURSES/CHAMPIONSHIPS

2-4/02/18

Junior, Cadet & U21 Championships, Sochi (Russia)

24/02/18

National Kumite Training 'A' SQUADS ONLY (Junior & Senior) - Enfield

11/03/18

12th Children/Cadet/Junior Open Karate Championships-Penrith

18/03/18

Karate-Do Federation 6th Open Championship - Essex

25/03/18

North East Open Karate Championships - Darlington

25/03/18

Leicester Arena Open Squad Session, Open Referees Course and Coaches Accreditation

08/04/18

2nd CHKA Open Championships - Hornchurch

14-16/04/18

EKF National Championships - Leicester

22/04/18

National Kumite Training 'A' SQUADS ONLY (Junior & Senior) - Enfield

29/04/18

Barnsley Honeywell Open Referees and Kata Course

Karate will be participating for the first time this year in an Olympic event, with the occasion of the Youth Olympic Games of Buenos Aires in 2018.

Sporting regards

Roy Stanhope 9th Dan
Chairman